

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TZZT

Coachinfo: Warming up from: untill . Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Desmet Carl

Coaches: François Ewout

Coaches: Vandenbussche Liselotte HEADCOACH

Coaches: Backs Hubert

Coaches: De Cramer Renée

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:04
Heat: 3/7 Lane : 6 Athlete: VERNIEUWE LEANNE					Q-time: 01:12:95
PB (25m pool): 01:14.65 Temse 17/11/2025					PB (50m pool): 01:12.95 SB: 01:14.65 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.44		01:14.65	
		00:35.44		00:39.21	
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:06
Heat: 4/7 Lane : 3 Athlete: VAN STEENKISTE LIA					Q-time: 01:08:53
PB (25m pool): 01:09.05 Eeklo 06/04/2026					PB (50m pool): 01:08.53 SB: 01:09.05 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.77		01:09.05	
		00:31.77		00:37.28	
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:10
Heat: 7/7 Lane : 5 Athlete: LAMMENS MARY					Q-time: 00:58:24
PB (25m pool): 00:58.24 Gent 23/02/2025					PB (50m pool): 00:59.11 SB: 00:58.70 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.14		00:58.24	
		00:28.14		00:30.10	
					

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:10
Heat: 7/7 Lane : 6 Athlete: GANTOIS JANNE					Q-time: 00:58:88
PB (25m pool): 00:59.38 leper 04/01/2026					PB (50m pool): 00:57.96 SB: 00:59.38 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.19		00:59.38	
	00:28.19		00:31.19		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:10
Heat: 7/7 Lane : 7 Athlete: DARRAS NINA					Q-time: 01:00:75
PB (25m pool): 01:02.52 Diksmuide 12/10/2025					PB (50m pool): 01:00.75 SB: 01:02.52 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.22		01:02.52	
	00:30.22		00:32.30		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:10
Heat: 7/7 Lane : 8 Athlete: CLAEYS ELENA					Q-time: 01:01:68
PB (25m pool): 01:03.05 Eeklo 06/04/2026					PB (50m pool): 01:01.68 SB: 01:03.05 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.65		01:03.05	
	00:29.65		00:33.40		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 14:20
Heat: 4/7 Lane : 6 Athlete: DEVOLDERE LOWIE					Q-time: 01:18:56
PB (25m pool): 01:19.63 Temse 17/11/2025					PB (50m pool): 01:18.56 SB: 01:19.63 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.68		01:19.63	
	00:38.68		00:40.95		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 14:20
Heat: 4/7 Lane : 7 Athlete: CHRISTIAENS LUCAS					Q-time: 01:18:93
PB (25m pool): 01:19.71 Eeklo 06/04/2026			PB (50m pool): 01:18.93 SB: 01:19.71 Eeklo 06/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.01		01:19.71	
	00:39.01		00:40.70		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 14:20
Heat: 4/7 Lane : 8 Athlete: DUMAREY WOUT					Q-time: 01:19:12
PB (25m pool): 01:19.12 Temse 17/11/2025			PB (50m pool): 01:19.70 SB: 01:19.12 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.30		01:19.12	
	00:39.30		00:39.82		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 14:23
Heat: 5/7 Lane : 4 Athlete: DECLERCK LUKAS					Q-time: 01:12:52
PB (25m pool): 01:12.52 Diksmuide 12/10/2025			PB (50m pool): 01:13.08 SB: 01:12.52 Diksmuide 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.52	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 14:23
Heat: 5/7 Lane : 7 Athlete: BLOMME STAN					Q-time: 01:15:69
PB (25m pool): 01:16.11 Eeklo 06/04/2026			PB (50m pool): 01:15.69 SB: 01:16.11 Eeklo 06/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.01		01:16.11	
	00:37.01		00:39.10		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 14:27
Heat: 7/7 Lane : 3 Athlete: FRANÇOIS TIJS					Q-time: 01:04:53
PB (25m pool): 01:04.53 TEMSE 23/11/2025					PB (50m pool): 01:07.13 SB: 01:04.53 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.15		01:04.53	
	00:31.15		00:33.38		
					

Coach feedback:

Event number: 15: 400M FREESTYLE MIXED 10-9					Heat:2, starttime: 14:38			
Heat: 2/4 Lane : 5 Athlete: LEVRAU LILIA					Q-time: 99:99:99			
PB (25m pool): 07:05.21 Meulebeke 10/05/2026					PB (50m pool): no time SB: 07:05.21 Meulebeke 10/05/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:41.85		no time		03:30.98
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:05.21
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 15:12			
Heat: 3/6 Lane : 3 Athlete: VANPOUCKE LOTTE					Q-time: 03:10:95			
PB (25m pool): 03:08.20 Meulebeke 10/05/2026					PB (50m pool): 03:16.92 SB: 03:08.20 Meulebeke 10/05/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.60		no time		no time		03:08.20
	00:45.60							
								

Coach feedback:

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Event number: 16: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 15:22	
Heat: 6/6 Lane : 2 Athlete: VERNIEUWE IRENE							Q-time: 02:34:86	
PB (25m pool): 02:34.86 Eeklo 06/04/2026				PB (50m pool): 02:43.22 SB: 02:34.86 Eeklo 06/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.47		no time		no time		02:34.86
	00:32.47							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 15:22	
Heat: 6/6 Lane : 5 Athlete: DE BRUYCKER CHLOë							Q-time: 02:26:61	
PB (25m pool): 02:26.61 Meulebeke 18/05/2025				PB (50m pool): 02:26.67 SB: 02:27.21 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.68		no time		no time		02:26.61
	00:30.68							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 15:22	
Heat: 6/6 Lane : 7 Athlete: DARRAS NINA							Q-time: 02:35:83	
PB (25m pool): 02:35.83 Meulebeke 18/05/2025				PB (50m pool): 02:38.33SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.77		no time		no time		02:35.83
	00:33.77							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 15:22	
Heat: 6/6 Lane : 8 Athlete: ANDRIES FEBE							Q-time: 02:38:21	
PB (25m pool): 02:34.04 Diksmuide 01/12/2024				PB (50m pool): 02:38.21 SB: 02:38.86 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.25		01:13.15		01:57.95		02:34.04
	00:32.25		00:40.90		00:44.80		00:36.09	
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 15:26	
Heat: 1/3 Lane : 5 Athlete: MOEYAERT ALEC							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:31	
Heat: 2/3 Lane : 5 Athlete: DESANTE LEON							Q-time: 03:31:09	
PB (25m pool): 03:31.09 leper 05/01/2025				PB (50m pool): 03:38.63SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.53		01:41.70		no time		03:31.09
	00:47.53		00:54.17					
								

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+							Heat:2, starttime: 15:42		
Heat: 2/4 Lane : 7 Athlete: JODTS LAUREN							Q-time: 00:44:56		
PB (25m pool): no time				PB (50m pool): 00:44.56				SB: no time	
	2 5 M		5 0 M						
PB			no time						
			no time						
									

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+							Heat:4, starttime: 15:44	
Heat: 4/4 Lane : 3 Athlete: GANTOIS JANNE							Q-time: 00:30:88	
PB (25m pool): 00:33.12 Diksmuide 18/11/2023							PB (50m pool): 00:30.88SB: no time	
PB	2 5 M		5 0 M					
			00:33.12					
			00:33.12					
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TZZT

Event number: 18: 50M BUTTERFLY WOMEN 11+										Heat:4, starttime: 15:44																			
Heat: 4/4 Lane : 8 Athlete: VERNIEUWE LEANNE																				Q-time: 00:35:11									
PB (25m pool): 00:39.79 Temse 17/11/2025										PB (50m pool): 00:35.11SB: 00:39.79 Temse 17/11/2025																			
	2 5 M					5 0 M																							
PB						00:39.79																							
	00:39.79																												
																													

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:10	
Heat: 3/5 Lane : 2 Athlete: DEVOLDERE LOWIE							Q-time: 05:28:98	
PB (25m pool): 05:21.05 Meulebeke 10/05/2026				PB (50m pool): 05:46.40 SB: 05:21.05 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:12.01		no time		02:34.70
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:21.05
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:10	
Heat: 3/5 Lane : 3 Athlete: MOEYAERT ALEC							Q-time: 05:19:45	
PB (25m pool): 05:09.56 Meulebeke 10/05/2026				PB (50m pool): 05:34.09SB: 05:09.56 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.81		no time		02:33.95
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:09.56
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: T2T

Event number: 19: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:16	
Heat: 4/5 Lane : 2 Athlete: GEERS ARNOUT							Q-time: 05:07:66	
PB (25m pool): 05:07.66 Eeklo 06/04/2026				PB (50m pool): 05:19.32SB: 05:07.66 Eeklo 06/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:13.75		no time		02:33.58
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:07.66
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:22	
Heat: 5/5 Lane : 2 Athlete: DECLERCK LUKAS							Q-time: 04:55:46	
PB (25m pool): 04:55.46 Meulebeke 18/05/2025				PB (50m pool): 04:56.77 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.85		no time		02:25.93
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:55.46
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:22	
Heat: 5/5 Lane : 4 Athlete: DECLERCK SIMON							Q-time: 04:25:92	
PB (25m pool): 04:25.92 Diksmuide 12/10/2025				PB (50m pool): 04:33.03SB: 04:25.92 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:29.34		01:01.22		01:34.79		02:09.05
	00:29.34		00:31.88		00:33.57		00:34.26	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:43.16		03:17.96		03:52.78		04:25.92
	00:34.11		00:34.80		00:34.82		00:33.14	
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TZZT

Event number: 19: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:22	
Heat: 5/5 Lane : 6 Athlete: DELEYE TRISTAN							Q-time: 04:47:60	
PB (25m pool): 04:47.60 Diksmuide 12/10/2025			PB (50m pool): 04:50.99SB: 04:47.60 Diksmuide 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.79		01:09.25		01:46.08		02:23.19
	00:32.79		00:36.46		00:36.83		00:37.11	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:59.73		03:36.15		04:12.96		04:47.60
	00:36.54		00:36.42		00:36.81		00:34.64	
								

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 16:28
Heat: 1/6 Lane : 4 Athlete: JODTS LAUREN				Q-time: 01:48:03	
PB (25m pool): no time			PB (50m pool): 01:48.03SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 16:33	
Heat: 3/6 Lane : 3 Athlete: VANDENBROUCKE FEBE							Q-time: 01:35:88	
PB (25m pool): 01:35.88 Diksmuide 12/10/2025				PB (50m pool): 01:35.56SB: 01:35.88 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:45.78		01:35.88				
	00:45.78		00:50.10					
								

Coach feedback:

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/6 Lane : 1 Athlete: VAN STEENKISTE LIA					Q-time: 01:32:40
PB (25m pool): 01:32.76 Temse 17/11/2025					PB (50m pool): 01:32.40 SB: 01:32.76 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.74		01:32.76	
	00:43.74		00:49.02		
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 16:39
Heat: 6/6 Lane : 1 Athlete: LAMMENS MARY					Q-time: 01:21:98
PB (25m pool): 01:19.24 Diksmuide 17/11/2024					PB (50m pool): 01:22.28 SB: 01:21.98 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.69		01:19.24	
	00:37.69		00:41.55		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:44
Heat: 2/4 Lane : 1 Athlete: THIELEMANS LEON					Q-time: 01:24:42
PB (25m pool): 01:24.42 TEMSE 23/11/2025					PB (50m pool): 01:28.12 SB: 01:24.42 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.67		01:24.42	
	00:37.67		00:46.75		
					

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:54	
Heat: 2/3 Lane : 3 Athlete: VERNIEUWE IRENE							Q-time: 02:49:01	
PB (25m pool): 03:14.26 Diksmuide 19/03/2023				PB (50m pool): 02:49.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:14.26
	no time							
								

Coach feedback:

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Event number: 23: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:10	
Heat: 2/2 Lane : 2 Athlete: TEAM TZZT 5							Q-time: 01:59:50	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 23: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:10	
Heat: 2/2 Lane : 5 Athlete: TEAM TZZT 7							Q-time: 01:47:38	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 23: 4x50M FREESTYLE MIXED 11+							Heat:2, starttime: 17:10	
Heat: 2/2 Lane : 8 Athlete: TEAM TZZT 6							Q-time: 02:09:61	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: